Bicycle Rules and Safety Tips

■ Before You Ride
Wear a helmet and wear brightly-colored, close-fitting clothes. Snug-fitting clothing not only cuts down on wind resistance, but is less likely to get caught in your equipment. Make sure your bicycle is in safe riding condition. Check the brakes, tires, and other moving parts. If you are not sure how to check your bicycle, visit a bicycle shop or talk to a more experienced bicyclist. Plan your route carefully. This map may help you avoid more hazardous routes which will contribute to a safer and more pleasant trip.

■ When Riding
Obey all traffic safety laws and rules as if you were driving an automobile, including all traffic signs, signals, and pavement markings. Ride as close as practicable and safe to the right-hand curb or edge of the roadway, expect to avoid hazards such as grates, broken glass or road debris. Ride single file on trails and no more than two abreast on roads. Watch for signs prohibiting bicycles. Be aware that in Illinois bicycles are prohibited on all interstate highways, freeways, and tollways. Other roads may also prohibit bicycles and are marked as such.

■ Night Riding
Take extra precaution when riding at night. When riding at night, you must have the following:
1. Front white light visible from a distance of at least 500 feet.
2. Rear red light visible from a distance of up to 600 feet or a steady or flashing red rear light visible from 500 feet.
   You should also wear brightly-colored clothing with reflector stripes for high visibility.

■ Making Turns
Use hand signals for turns and stops:
1. For a left turn, extend your left hand out.
2. For a right turn, extend your right hand out or bend your left arm 90°at the elbow with your hand pointing upward.
3. For a stop, bend your left arm 90° at the elbow with your hand, pointing downward.

A left turn may be made in one of two ways:
1. Like a car:
   Use the left-turn lane or left-most lane, stay to the right-hand side of the lane, make your turn when safe and legal to do so;
2. Like a pedestrian:
   Stay to the right side of the road, cross straight ahead when safe and legal to do so, after crossing, wait at corner for signal or safe passage cross again when safe and legal to do so.

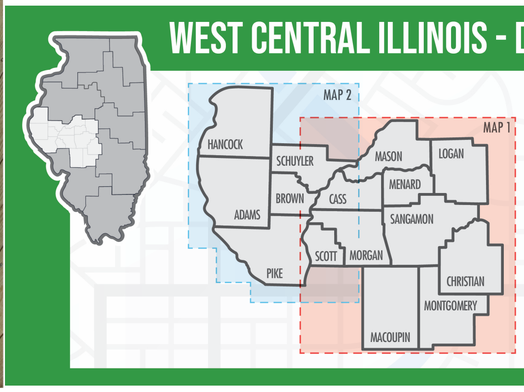
■ Riding on a Sidewalk
Local ordinance may prohibit bicyclists from using sidewalks. Where permitted, bicyclists must yield to pedestrians and give audible signals before passing them. Bicyclists using sidewalks have all the rights and duties of pedestrians. Ride slowly. If you wish to ride fast, ride on the road.

■ Designated Bicycle Lane
When the bicycle lane is properly marked on city streets, the bicyclist should always stay within these boundaries. As bicyclists are riding in their designated lane, they should be aware of parked vehicles and the possibility a motorist could unexpectedly open the door. The "Dutch Reach" method is completed when the motorist reaches across their body to the vehicle door, thereby, forcing them to look for oncoming bicyclists or other traffic. Some municipalities have roadways with designated bike lanes. Even if bicyclists are not present, vehicles are not allowed to drive, park, idle in this space or pick up passengers in these designated lanes. Bicyclists using designated bike lanes should be aware of this and be prepared to safely move around them. The bicyclist must be aware of the direction of a moving vehicle is traveling when properly completing a left or right turn.

Information courtesy Illinois Secretary of State and Ride Illinois.



WEST CENTRAL ILLINOIS - DISTRICT 6



COUNTIES IN WEST CENTRAL ILLINOIS:

- ADAMS
- BROWN
- CASS
- CHRISTIAN
- HANCOCK
- LOGAN
- MACOUPIN
- MASON
- MENARD
- MONTGOMERY
- MORGAN
- PIKE
- SANGAMON
- SCHUYLER
- SCOTT

-90°40'
-90°35'
-90°30'
-90°25'
-90°20'
-90°15'
-90°10'
-90°5'
-90°
-89°55'
-89°50'
-89°45'
-89°40'
-89°35'
-89°30'
-89°25'
-89°20'
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39°55'
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39°40'
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39°20'
39°15'
39°10'
39°5'
39°
Adair
Penrington Point
TABLE GROVE
IPAVA
INDUSTRY
VERMONT
Doddsville
LITTLETON
ASTORIA
Bernadotte
LEWISTOWN
Duncan Mills
Dickson Mounds Museum
Emiquon
Rice Lake
Jake Wolf Memorial Fish Hatchery
Little America
LIVERPOOL
Goody Ridge
Henry Allan Gleason
Sand Ridge
Sparks Pond
MANITO
GREEN VALLEY
FOREST CITY
Buzzville
Union
Bishop
TOPEKA
Mason State Tree Nursery
Eckard
Chautauqua Park
Illinois River Biological Station
HAVANA
Matanzas Beach
Long Branch Sand Prairie
Anderson Lake
Matanzas Prairie
Poplar City
Biggs
EASTON
Teheran
MASON CITY
Luther
NEW HOLLAND
Natrona
Norton Lake
Allen
SAN JOSE
EMDEN
HOPEDALE
MINIER
STANFORD
DELAVAN
Brownwood
Winkel
Boynton
Hittle
ARMINGTON
Mackinaw River
Funks Grove
Shirley
Randolph
HEYWORTH
MCLEAN
ATLANTA
HARTSBURG
Lawndale
WAYNESVILLE
Finfrock
WAPELLA
Hendrix
Cover
Bath
Sheldons Grove
Bluff City
Conover
KILBOURNE
Sand Prairie-Scrub Oak
Revis Hill Prairie
Oakford
OAKFORD
Sangamon River
Ginther Farm
Barton-Sommer Woodland
MIDDLETOWN
GREENVIEW
Postville Courthouse Historic Site
Edward R. Madigan
LINCOLN
Skelton
Beason
Midland City
CLINTON
KENNEY
Rowell
Chestnut
Hallsville
Hudsonville
BROADWELL
Chestnutville
Pisgah Lake
Little Galloo Lake
BROWNING
RUSHVILLE
Weinberg-King
Sanganois
Frederick
Sugar Grove
Cotton Wood
RIPLEY
Illinois River
Meredosia Lake
Meredosia Hill Prairie
Cooperstown
La Grange
Clear Creek Wetland
BEARDSTOWN
Bluff Springs
Shick Shack Island Pond
VIRGINIA
Philadelphia
Little Indian
VERSAILLES
ARENZVILLE
MEREDOSIA
Chambersburg
CONCORD
Bethel
CHAPIN
NAPLES
BLUFFS
Valley City
EXETER
Oxville
Meritt
Riggston
LYNNVILLE
Ray Norbut
Bloomfield
FLORENCE
WINCHESTER
Morrisonville
Glasgow
ALSEY
MANCHESTER
Sedford
Barrow
WILMINGTON
Felter
Drake
Athensville
ROODHOUSE
PEARL
HILLVIEW
WHITE HALL
Walkerville
Bellown
Goode's Woods
MODESTO
SCOTTSVILLE
PALMYRA
Barr
NILWOOD
GIRARD
Sunset Landy
FARMERSVILLE
Freeman Mine
Green Diamond Rail Trail
WAGGONER
MORRISONVILLE
Vandalia
Dolville
Millersville
Lincoln Prairie Trail
PANA
Rosamond
TOWER HILL
HARVEL
OHLMAN
PALMER
Clarksdale
Dunkel
Beulah
ASSUMPTION
OWANECO
MAROA
MT PULASKI
Mount Pulaski Courthouse Historic Site
ELKHART
Lake Fork
Nortia
LATHAM
Cornland
Buffalo Hart
WILLIAMSVILLE
WARRENSBURG
Herman
Beasley Creek
Lake Lou Yaeger
Hettick Lake
HETTICK
STANDARD CITY
Atwater
Goby
Romasville
Virden
VIRDEN
White Oak
Zenobia
Lake Petersburg
Lincoln's New Salem Historic Site
PETERSBURG
Tice
Fancy Prairie
Newmansville
Jim Edgar Panther Creek
ATHENS
CANTRALL
Sangamon Valley Trail
Sangamon River
Irwin Bridge
Salisbury
Andrew
Sherman Rain Splitter
SPAULDING
Barclay
RIVERTON
DAWSON
BUFFALO
Lanesville
ILLIOPOLIS
NIANTIC
DECATUR
HARRISTOWN
Calamus Lake
Lincoln Trail Homestead
Elwin
Boody
Buckland
Osbornville
MT AUBURN
Bolivia
Roby
Grove City
Berry
Breckenridge
BLUE MOUND
MACON
Walker
Hallsville
MOWEAQUA
STONINGTON
EDINBURG
Sharpsburg
Stonington
Wilkeys
Sangchris Lake
Sicily
BULPITT
TOVEY
KINCAID
JEISVILLE
TAYLORVILLE
Langleyville
Velma
Shafton
VANDALIA
BROWNSTOWN
Ramsey Lake
RAMSEY
Dean Hill
HILLSBORO
TAYLOR SPRINGS
FILLMORE
Chapman
BINGHAM
Bayle City
COFFEEN
Coffeen Lake
Sefton
Van Burensburg
DONNELSON
PANAMA
SORENTO
Zobrist Lake
Pana Lake
Pana Reservoir
Rosamond Lake
Lake Lou Yaeger
Hettick Lake
Lake Petersburg
Lincoln's New Salem Historic Site
Lake Fork
Lake Taylorville
Taylorville Reservoir
Coffeen Lake
Sangchris Lake
Lake Glenn Flora
Flora Reservoir
Clear Lake
Lake Sara
Lake Shelbyville
Lake Shelbyville Dam
Kaskaskia River Navigation Project
Lake Kaskaskia
Carlyle Lake
Carlyle Lake Dam
Kaskaskia River Navigation Project
Lake Carlyle
Lake Centralia
Centralia Reservoir
Kinmundy Lake
Kinmundy Reservoir